## Other COVID-19 help for family carers

Flexible use of Carer Support and other funding through COVID-19 If you receive Carer Support funded by the Ministry of Health (for disability support services only, e.g. not funding through your District Health Board) you can use this funding flexibly to:

- Pay family members who live with you so you can have a break
- Use Carer Support when you are doing other paid work, even if you are working from home
- Continue using Carer Support to buy things that give respite if you stay within your total budget e.g. art and craft supplies, books, or DVDs

## Carer Support forms can now be submitted by email

Send your claims to csclaims@health.govt.nz

Requirements: only 1 email per claim, and the client number must be in the title of the email.

You can find the client number on the top right of the claim form. Scan the claim first, then scan supporting documents such as receipts; the claim must be saved as a PDF. Check your document before you send it - if it's not clear and you can't read it yourself, the claim team won't be able to either. Emailing your form doesn't mean the claim will be processed any faster, but it will allow you to maintain your bubble without going to a post box. If you have questions call the Contact Centre, 0800 855 066. It is experiencing high call volumes so as with most things at the moment, please be patient.